Essential Updates in Pain Management Workshop for Primary Care Providers
USASP Annual Conference
April 14, 2024 -- Seattle, Washington

Co-Directors
Brett R. Stacey, MD
Professor of Anesthesiology and Pain Medicine
Chief, Division of Pain Medicine
Director, UW Center for Pain Medicine
Department of Anesthesiology and Pain Medicine
University of Washington School of Medicine

Scott M. Fishman, MD
Fullerton Endowed Chair in Pain Medicine
Professor of Anesthesiology and Pain Medicine
Director, Center for Advancing Pain Relief
Executive Director, UCD Office of Wellness Education
University of California, Davis School of Medicine

Onsite Faculty
David J. Copenhaver, MD MPH
Professor and Chief, Division of Pain Medicine
Department of Anesthesiology & Pain Medicine
University of California, Davis School of Medicine

Pamela L. Pentin, MD
Chief of Service, Family Medicine
University of Washington Medical Center
Associate Professor
University of Washington School of Medicine

Paul A. DiJulio, MD
Acting Assistant Professor, Internal Medicine,
Acting Assistant Professor, Anesthesiology and Pain Medicine
University of Washington School of Medicine

Brett R. Stacey, MD (See above)

Scott M. Fishman, MD (See above)

Onsite Faculty

Presenting Speakers (Video)
David J. Copenhaver, MD MPH
Professor and Chief, Division of Pain Medicine
Department of Anesthesiology & Pain Medicine
University of California, Davis School of Medicine

Division of Clinical Research
Clinical and Translational Research Institute
University of California, San Diego School of Medicine

Naileshni Singh, MD
Professor, Division of Pain Medicine
Director for Medical Education
Department of Anesthesiology & Pain Medicine
University of California, Davis School of Medicine

Charles de Mesa, DO
Chief of Interventional Pain, Physical Medicine & Rehabilitation
Hoag Spine Center, Newport Beach, CA

Mark A. Wallace, MD
Professor of Anesthesiology
Immediate Past Chief, Division of Pain Medicine
Director, Center for Clinical Research Services

Andrea Rubenstein, MD
Chief of Pain Medicine
Department of Anesthesiology and Pain Medicine
Kaiser Permanente, Santa Rosa, CA
<table>
<thead>
<tr>
<th>TIME</th>
<th>SUBJECT</th>
<th>SPEAKER</th>
<th>DISCUANTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00-8:15am</td>
<td>Welcome, Overview &amp; CME Instructions</td>
<td>Drs. Fishman and Stacey</td>
<td>Faculty</td>
</tr>
<tr>
<td>8:15-9:00am</td>
<td>Video and Discussion 1: Introduction to Rational Polypharmacy</td>
<td>Dr. Copenhaver</td>
<td>Faculty</td>
</tr>
<tr>
<td>9:00-10:00am</td>
<td>Video and Discussion 2: Overview of Non-steroidal Anti-inflammatory Drugs (NSAIDs)</td>
<td>Dr. Singh</td>
<td>Faculty</td>
</tr>
<tr>
<td>10:00-10:10am</td>
<td>BREAK</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:10-11:10am</td>
<td>Video and Discussion 3: Cannabinoids in Chronic Pain Treatment: Science, Politics and Clinical Practice</td>
<td>Dr. Wallace</td>
<td>Faculty</td>
</tr>
<tr>
<td>11:10am-12:10pm</td>
<td>Group Discussion: Challenging Cases</td>
<td>Faculty</td>
<td>Faculty</td>
</tr>
<tr>
<td>12:10-1:00pm</td>
<td>LUNCH BREAK</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:00-2:30pm</td>
<td>Video, Discussion and Demonstrations 5:</td>
<td>Dr. Charles de Mesa</td>
<td>Faculty</td>
</tr>
<tr>
<td></td>
<td>• Physical Exam of Radicular Pain in the Upper and Lower Extremities (parts 1-4)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Physical Exam of the Axial Low Back, Sacroiliac Joints, and Hips (parts 1-2)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30-2:40pm</td>
<td>BREAK</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:40-4:00pm</td>
<td>Video and Discussion 6: Buprenorphine and Pain Management</td>
<td>Dr. Rubenstein</td>
<td>Faculty</td>
</tr>
<tr>
<td>4:00pm</td>
<td>CLOSE</td>
<td>Drs. Fishman &amp; Stacey</td>
<td></td>
</tr>
</tbody>
</table>