

**SLEEP &
PAIN SIG**
USASP
US Association for
the Study of Pain

News & Updates

June 2023



Welcome!

We are pleased to launch our first email newsletter for the Sleep & Pain SIG - the one-stop-shop for important updates and items of interest to our SIG members!

News

The 2023 USASP Scientific Meeting was a great success with 600 attendees. We enjoyed 5 presentations at our Sleep & Pain SIG meeting. It was great to learn of the exciting research of our members.

We are excited to announce Chasity Brimeyer, PhD as the incoming Sleep & Pain SIG co-chair. Dr. Brimeyer is an Associate Professor of Anesthesiology at the Medical College of Wisconsin and will join sitting co-chair, Daniel Whibley, PhD.

Thank you, Moon!

We want to express our gratitude to Dr. Chung Jung Mun, PhD, our outgoing inaugural SIG co-chair. Thank you for helping to form our foundation over the past two years, Dr. Mun!

Next SIG Meeting

Mark your calendars for Wednesday, July 12th from 1 - 2 pm Eastern.

We will plan our schedule for the upcoming year and would love to hear your ideas.

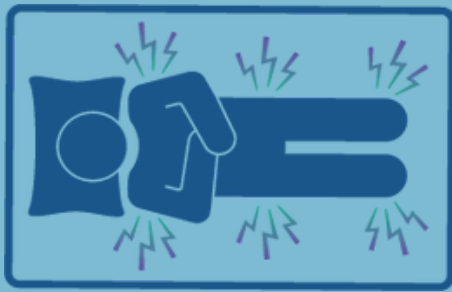
Zoom link here:

<https://umich.zoom.us/j/95723582836>

Get Involved

We're excited to launch our Spotlight Series highlighting a SIG member (see page 2). Let us showcase you! If you are interested in being featured, please complete this form:

<https://forms.gle/6V7VMaVBVRdyw57V6>



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Member Spotlight

June 2023



Chasity Brimeyer, PhD

I am a pediatric psychologist at the Pain & Headache Center at Children's Wisconsin and associate professor of anesthesiology. I am primarily a clinician specializing in pediatric chronic pain, so I do a lot of work in sleep habits! My research interests include postoperative pain care. I love to read and spend most of my time as a chauffeur to my two girls, ages 6 and 9 years.

Contact: cbrimeyer@mcw.edu, cbrimeyer@childrenswi.org

Representative Projects, Publications, or Works:

- Young ND, Brimeyer CT. Postop spinal fusion pain and the continued neglect of biopsychosocial lens in pediatric orthopaedics. *JPOSNA* 2022;4(4).
- Brimeyer, C., Chronic Pain and Sleep: Assessment and Intervention, Lecture presented for the St. Jude Children's Research Hospital Psychology Grand Rounds, Memphis, TN, 2014

What is exciting about your work right now?

I am expanding my outpatient-based clinical experience to include work in our clinic's new intensive pain rehabilitation program. I'm also thrilled to begin as new co-leader of this SIG!

Why did you choose a career in sleep/pain?

I chose a career in pain and sleep because they are so dynamic and intertwined with one another. I also love helping youth and families with pain improve their quality of life by sleeping better and learning to function more.

What keeps you motivated?

Trying to maintain a good work/life balance keeps me energized. I am also motivated by incorporating new opportunities in my work, whether it is a new clinical experience or collaborating with someone new on clinically-applied research.